

Your Personal Inventory

Fill out the sections below based on the details you read in Chapter 2 – Know Thyself. Once you have completed it, use the information to guide you as you make future decisions and plans Periodically (at least once a year) review this form to make any needed changes to it.

1. Strengths
2. Likes
3. Passions, Gift & Talents
4. Areas of Improvement
5. Dislikes
6. Areas of importance
7. Aspirations