

Just get Serious[®]

About Improving Your Presentation Skills

Delivering effective presentations is key for professional success. Provided as a seminar or individual coaching, this session is designed to help you feel less nervous and more confident when presenting to small and large groups. It covers both prepared presentations and impromptu speaking. Learn the skills that will enhance your ability to be a more effective presenter.

The program will be customized to address the needs and concerns of the client and specific industry.

Participants will learn how to:

- Develop a well thought-through presentation
- Practice a speech
- Deliver a speech with impact using body movements, gestures, vocal variety and eye contact
- Develop a great opening and gain the audience's immediate attention
- Close a speech effectively
- Relieve nervousness and convey confidence
- Use stories to enhance a speech
- Be at ease with impromptu speaking
- Dress appropriately for a presentation
- Handle questions with ease
- Conduct a post-presentation review and evaluation so they continue to improve

Cost:

Individual coaching: \$95 per hr (2 ½ hr. min.)
Seminar/group: Call for a specific quote

Additional sessions can be scheduled to cover making PowerPoint presentations effective and engaging.

For more information, including scheduling and pricing, contact:

Donna Satchell
STARR Consulting & Training
Just Get Serious[®] Seminars & Speeches
770-498-0400 - Donna@JustGetSerious.com
www.JustGetSerious.com

Program Facilitator



Donna Satchell specializes in helping business teams work better together and helping individuals achieve remarkable success. Known for her engaging and motivating style of training, Ms. Satchell has worked in various markets including government, small business, corporate, non-profit and school systems

After years of nervousness and anxiety over giving presentations, Donna overcame her fears and is passionate about helping others to do likewise.

Ms. Satchell is a member of the National Speakers Association and the American Society for Training and Development.

Visit www.JustGetSerious.com for information about Ms. Satchell's other programs, testimonials, client list, and exciting motivational videos.

"Our members are still talking about how much they learned from your program at our Education Expo. You were definitely a hit! We were amazed at the way you were able to combine the elements of a motivational speech with the techniques you provide in your public speaking training to create an outstanding presentation that was both motivational and educational."
Elisabeth Fuller, Executive Director, Women In Insurance & Financial Services - Atlanta Chapter

"I attended Ms. Satchell's public speaking workshop and was presented with a thorough review of all the critical steps in the process. I learned that the steps leading up to the actual presentation are as important as the actual delivery. I am eager to attend her advanced seminar to take my skills to the next level. Her workshop is great for the novice and people with public speaking experience."
*Frenesa K. Hall, MD,
Chief Medical Officer, Mobile-Medicine*